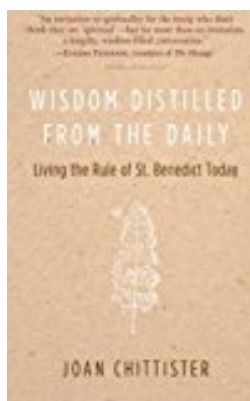


# [PDF] Wisdom Distilled From The Daily: Living The Rule Of St. Benedict Today

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## Description:

**From the Publisher** An examination of how the Rule of St. Benedict is still a relevant model for contemporary spiritual growth and connecting with God, with others, and with the inner self.

**About the Author**

Joan Chittister is a member and former prioress of the Benedictine Sisters of Erie and currently the executive director of the Alliance for International Monasticism (AIM). She is the author of Psalm Journal, Winds of Change, and WomanStrength: Modern Church, Modern Women.

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